

YOUR PERSONAL EQUIPMENT	Check	Double Check
Packing		
pack with padded hip belt (rental available)	_____	_____
capacity: external frame—4000 cu in +/-		
internal frame—4800 cu in +/-		
*pack cover—waterproof nylon	_____	_____
*6 to 12 (gallon size) Ziploc plastic bags to pack clothes	_____	_____
Sleeping		
sleeping bag in stuff sack lined with plastic bag	_____	_____
sleep clothes—worn only in sleeping bag (T-shirt and gym shorts)	_____	_____
*straps to hold sleeping bag on pack	_____	_____
*foam sleeping pad (closed cell or Thermo-Rest)	_____	_____
CLOTHING		
Layer A (Hiking Clothes)		
hiking boots—well broken in	_____	_____
lightweight sneakers or tennis shoes	_____	_____
*3 pairs heavy socks	_____	_____
*3 pairs lighter inner socks (polypro)	_____	_____
3 changes underwear	_____	_____
*2 hiking shorts	_____	_____
*2 short sleeve shirts (not nylon)	_____	_____
*1 hat or cap—flexible, with brim	_____	_____
Layer B (Cool Evening)		
1 long sleeve shirt (wool or flannel)	_____	_____
*1 long pants, cotton or nylon (not heavy jeans)	_____	_____
*1 pair insulated underwear (polypro)	_____	_____
Layer C (Cold)		
*1 sweater or jacket (wool or polar fleece)	_____	_____
*1 stocking cap (wool or polypro)	_____	_____
*1 glove liners or mittens (wool or polypro)	_____	_____
Layer D (Cold, Wet, Windy)		
*1 sturdy rain suit (A)	_____	_____
Eating		
deep bowl (small, plastic)	_____	_____
*cup (measuring style)	_____	_____
*spoon	_____	_____
*3 or 4 one qt. water bottles (BB, A)	_____	_____

Personal and Miscellaneous	
*small pocketknife (A)	_____
*matches and lighter in waterproof container (BB, A)	_____
*flashlight (small with extra batteries and bulb)	_____
*Philmont map (A)	_____
*compass—liquid-filled (A)	_____
*2 bandannas or handkerchiefs (BB)	_____
money (\$10-\$20 in small bills)	_____
*lip balm (BB, A) (with SPF of 25) chapstick	_____
*soap, biodegradable (BB, S)	_____
*toothbrush/toothpaste (BB, S)	_____
*small camp towel	_____
*tampons/sanitary napkins (BB)	_____
*sunglasses (inexpensive)	_____
*ditty bag (for personal items in bear bag)	_____
Optional	
*camera and film or memory cards (BB)	_____
*whistle	_____
watch, inexpensive	_____
*fishing equipment/licenses	_____
*postcards, pre-stamped	_____
rubber bands (large for packing)	_____
*foot powder (BB, S)	_____
*note pad and pen	_____
*daypack for side hikes (S)	_____

NO RADIOS, CD/MP3 PLAYERS, VIDEO GAME DEVICES OR HAMMOCKS. CELLULAR TELEPHONES ARE DISCOURAGED. DO NOT BRING DEODORANT.

Code
 *Available at Philmont's Tooth of Time Traders
 (BB)—Packed together in plastic bag to be placed in bear bag at night
 (S)—Share with buddy
 (A)—Easily accessible in pack or carried on person