

# **Philmont Crew Preparation Resources**

## **Personal Fitness Merit Badge Pamphlet**

A regular physical fitness training program is a key individual component of crew success. The physical fitness program outlined in the Personal Fitness Merit Badge is a good place to start. Designing, executing and keeping track of a physical fitness program could allow a scout to earn the Physical Fitness Merit Badge while giving the crew advisors feedback on how scouts are readying themselves for Philmont.

## **Hiking Merit Badge Pamphlet**

Once again emphasizes the need for physical fitness and preparation. Has sample hike plan as well as a format that can be used to document hikes. Completing this last item could be part of a crew reflection at the end of the trail day.

### **Others:**

**Backpacking Merit Badge Pamphlet**  
**Camping Merit Badge Pamphlet**  
**Cooking Merit Badge Pamphlet**  
**First Aid Merit Badge Pamphlet**  
**Wilderness Survival Merit badge Pamphlet**  
**Boy Scout Handbook**  
**Boy Scout Fieldbook**  
**Venture Handbook**  
**Venture Ranger Handbook**  
**Passport to High Adventure**  
**Hiking Leadership Skills Development**

Always check merit badge publication/revision dates using the inside back cover of the latest requirements pamphlet.